

Nick Schaafsma Memorial
GOLF CLASSIC
& SPA DAY
IN SUPPORT OF ORANGEVILLE CHRISTIAN SCHOOL



Spa Options

a) Swedish Massage

A full body massage that eases sore muscles and increases circulation while alleviating the body of stress and tension. 45 Minutes (please specify your preference to a MALE or a FEMALE massage therapist)

b) Aroma-Flex

Aroma-Flex combines the therapeutic art of Reflexology and the complete relaxation experience of aromatherapy. Aroma-Flex is coined from two words: Aroma – Aromatherapy and Flex – Reflexology. The Aroma-Flex treatment begins with a scalp massage and is followed by a reflexology session that incorporates the pressure points located on your hands and feet. An aromatherapy massage follows. Your body will be gently massaged using pure essential oils. The combination of essential oils and reflexology will leave you feeling tranquil and relaxed. 50 Minutes

c) Hockley Spa Facial

Let our professional estheticians customize a facial treatment using special aromatic ingredients to suit your skin's needs. Includes a deep cleansing, facial massage and a final mask. Will leave you feeling peaceful and fulfilled. 60 Minutes

d) Quick Energy Refresher Facial + Jean D'Arcel Refreshing Eye Treatment

A customized introductory facial which refines and re-mineralizes dull and lifeless skin. This facial includes a skin analysis, a specific mask and massage of the face and shoulders. Plus a Jean D'Arcel Refreshing Eye Treatment. Completely refreshing! 30 Minutes

e) Spa Manicure and Spa Pedicure

Includes cuticle trimming, nail shaping, a moisturizing hand massage and polish application. 30 Minutes
Followed by a Spa Pedicure which includes herbal whirlpool soak, foot file, cuticle trimming, nail shaping and polish application. 45 Minutes

f) Essential Oil Wrap

A luxurious application of aromatherapy massage oils combined with a therapeutic cream rich in minerals and trace elements relieves tension. Provides moisture to dry skin and promotes overall detoxification. This treatment also includes a facial massage and Chinese acupressure for ultimate relaxation. 45 Minutes